

Home visitors can help you find services such as:

- Screening for your child's development
- Immunizations
- Healthcare options
- Child care
- Parenting classes
- Mental health services



- WIC (Nutrition Program for Women, Infants, and Children)
- RIte Care
- Early Intervention
- SNAP (Supplemental Nutrition Assistance Program)

Call the First Connections agency that serves your community.

VNS Home Health Services
782-0500

Charlestown	North Kingstown
Coventry	Richmond
East Greenwich	South Kingstown
Exeter	Warwick
Hopkinton	West Greenwich
Narragansett	West Warwick
New Shoreham	Westerly

VNS of Newport and Bristol Counties
682-2100

Barrington	Middletown
Bristol	Newport
East Providence	Portsmouth
Jamestown	Tiverton
Little Compton	Warren

Family Resources Community Action
766-0900

Burrillville	North Providence
Cumberland	North Smithfield
Foster	Scituate
Glocester	Smithfield
Johnston	Woonsocket
Lincoln	

Children's Friend and Service
721-6400

Central Falls	Pawtucket
Cranston	Providence

For more information about First Connections, call the HEALTH Information Line 401-222-5960 / RI Relay 711 www.health.ri.gov



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First Connections



Rhode Island's Home Visiting Program



There's so much to think about when it comes to having a baby and raising a child. You may have questions about how you are feeling or how your child is developing.



First Connections helps families with young children. Our home visitors are caring professionals who are available to visit with you and your family during the day, in the evening, and on the weekend, whenever it's best for you. We come to your home because we know how busy family life can be.



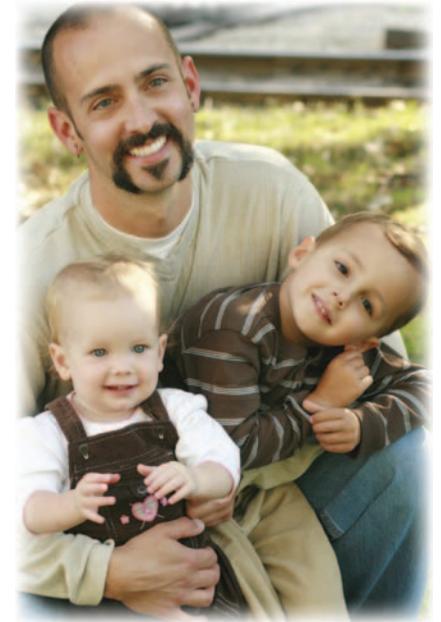
Home visitors can answer questions that parents often have:

- I should be happy as a new mom, so why am I crying so much?
- What tips can you give me to make my baby's first bath easier?
- My baby cries a lot. What should I do?
- How will I know when my baby is hungry?
- How do I care for my baby's umbilical cord?
- How should I dress my baby?
- What is normal newborn weight gain?
- When should I take my child to the doctor?
- My child is a picky eater. How can I make sure he eats healthy foods?
- How do I know if my child is growing and learning as expected?
- How can I make my home safe for my child?

Home visitors can also answer questions about community resources:

- What programs exist for parents?
- Who can I talk to about breastfeeding?
- I will be going back to work. Where can I find child care for my baby?
- I have no insurance. How can I get healthcare for my child?
- Should I be worried about child lead poisoning?

Many of our home visitors speak more than one language, so we are able to help all families get the information and services they need to be as healthy as possible. And best of all, there is no cost to you.



Infancy and early childhood are important times in life. We're here to help you and your family during these times. The First Connections agency serving your community is listed on the back of this brochure.

For more information about First Connections, call the HEALTH Information Line 401-222-5960 / RI Relay 711. We speak English and Spanish.